

## IRISH DANCING COMPETITION RULES

EFFECTIVE JANUARY 1, 2009

In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.

Competitions are open to all but those holding a TMRP, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category. A competitor may be disqualified for any of the following reasons:

- Conduct unbecoming a lady or gentleman.
- Failure to report on time to compete. (Penalty: disqualification from said event)
- Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.

Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to a situation where competitors are involved in stage conflicts.

Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:

- Must compete in their own age group.
- Must be prepared to perform two steps in each event.
- Cannot change competition on the day of the Feis.

Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing. Competitor's number must be worn and visible to adjudicators when performing in all competitions, use of reflective plastic number covers is discouraged.

Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.

Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.

The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.

Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee of \_\_\_\_ (Determined by the Feis).

Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition.

- Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
- Dancers must compete in the preliminary championship competition in order to qualify for open championship.
- The regional syllabus where the Feis is being held may have different qualifications for entry.

Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.

Preliminary Championships are open to those who, at any NAFC recognized Feis:

- Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
- Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
- The regional syllabus where the Feis is being held may have different qualifications for entry.

Championships and Preliminary Championships require at least three adjudicators.

First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor.

A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.

The status of the dancer does not change unless there are five or more dancers in a competition.

Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.

**Beginner Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.

**Advanced Beginner Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. Open Grade (Prizewinner): A competitor who does not qualify as a beginner, advanced beginner or as a novice. Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.

Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.

Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group; however, a competitor may compete in only one age group.

In matters pertaining to adjudication, the decision of the adjudicators is final.

Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.

First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.

**In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).**

No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.

Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.

Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries. One third are to be from outside the region where the Feis is being held.

No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

### DIRECTIONS TO STAMFORD HIGH SCHOOL, 55 Strawberry Hill Avenue, Stamford, CT

195 Traveling North:

Take Exit 8 Atlantic Street. Turn Slight LEFT Onto South State Street. Turn LEFT onto Elm Street. Elm Street Becomes Grove Street and Grove Street Turns into Strawberry Hill Avenue. High School is 1.1 miles off the highway exit.

195 Traveling South:

Take Exit 8 Elm Street. Turn RIGHT Onto Elm Street. Elm Street Becomes Grove Street and Grove Street Turns into Strawberry Hill Avenue. High School is 1.1 miles off the highway exit.

## Second ANNUAL

# LYNN ACADEMY SPRING FEIS

Locations: Stamford, CT \* Atlantic City, NJ \* New Rochelle & Tarrytown, NY \* Cherry Hill, NJ  
Chairperson: Mary Lynn Callanan Entry Secretary: Feis Web

**SATURDAY MAY 30, 2009**

**8:30 AM SHARP**

**ENTRY DEADLINE:**

**May 15, 2009**



**Limited To First 1,000 Entries**

**No Beach Chairs, Coolers or Camping Out  
Allowed in ANY Hallway of School!**

**No Telephone Or Day of Feis Entries**

**STAMFORD HIGH SCHOOL**  
**55 STRAWBERRY HILL AVENUE**  
**\* STAMFORD, CT**

**ADJUDICATORS & MUSICIANS**

Listed on our website: [www.lynnacademy.com](http://www.lynnacademy.com)

LYNN Academy CT Feis is Registered, Sanctioned & Will Be Governed By The Rules of An Coimisiun ([www.clrg.ie](http://www.clrg.ie)),

The New England Region ([www..idtane.com](http://www..idtane.com)) & the North American Feis Commission—President Harry Costello

NAFC Minor Championship \* George Sweetnam Memorial Trophy \* New Haven Feis \* 6/28/09

NAFC Junior Championship \* Robert Gabor Memorial Trophy \* Samhain Feis \* 10/24/09

NAFC Senior Championship \* Gerry Campbell Perpetual Belt \* Etobicoke Feis \* 6/13/09

**Pre-Beginner**

Open to girls & boys under 6 years of age (1 step, 1 at a time.) \$8 per dance.

Girls/Boys	Reel	Light Jig
Under 6	990	991

**BEGINNER GRADE**

A competitor who has not taken Irish dancing lessons from a registered teacher prior to September 1st of previous year. Dancer must move to Advanced Beginner the following year. See Rule #6 For New Costume Requirements. NO SOLO COSTUMES ALLOWED. Skirt & Blouse or school costumes ONLY 2 Steps, 2 Dancers. Metronome speeds of 113 for Reel & Slip Jig; 115 for Light Jig. \$8/dance

GIRLS 2 Steps	Reel	Light Jig	Slip Jig	BOYS 2 Steps	Reel	Light Jig
Under 5	1	2	3	Under 7	30	31
Under 6	4	5	6	Under 9	32	33
Under 7	7	8	9	Under 11	34	35
Under 8	10	11	12	11&Over	36	37
Under 9	13	14	15			
Under 10	16	17	18			
Under 11	19	20	21			
Under 12	22	23	24			
12&Over	25	26	27			

**ADVANCED BEGINNER GRADE**

An Advanced Beginner who wins 1st, 2nd, or 3rd place will advance to the Novice category in that particular dance. Metronome speeds of 113 for Reel & Slip Jig; 115 for Light Jig; 92 for Hard Jig & 138 for Hornpipe are required. NO SOLO COSTUMES ALLOWED. Skirt & Blouse or school costumes ONLY 2 Steps, 2 Dancers. \$8/Dance

GIRLS 2 Steps	Reel	L. Jig	Slip Jig	Hard Jig	Horn pipe
Under 6	100	101	102	103	104
Under 7	105	106	107	108	109
Under 8	110	111	112	113	114
Under 9	115	116	117	118	119
Under 10	120	121	122	123	124
Under 11	125	126	127	128	129
Under 12	130	131	132	133	134
Under 13	135	136	137	138	139
13&Over	140	141	142	143	144
BOYS 2 Steps	Reel	L. Jig	Hard Jig	Horn pipe	
Under 7	150	151	152	153	
Under 9	154	155	156	157	
Under 11	158	159	160	161	
11&Over	162	163	164	165	

**NOVICE GRADE**

A dancer who has won 1st, 2nd or 3rd in Adv. Beginner. A Novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. Metronome speeds of 113 for Reel & Slip Jig; 115 for Light Jig; 92 or 73 for Hard Jig & 138 or 113 for Hornpipe are required. \$8/dance.

GIRLS 2 Steps	Reel	L. Jig	Slip Jig	Hard Jig	Horn-pipe
Under 6	200	201	202	203	204
Under 7	205	206	207	208	209
Under 8	210	211	212	213	214
Under 9	215	216	217	218	219
Under 10	220	221	222	223	224
Under 11	225	226	227	228	229
Under 12	230	231	232	233	234
Under 13	235	236	237	238	239
Under 14	240	241	242	243	244
14&Over	245	246	247	248	249
BOYS 2 Steps	Reel	L. Jig	Hard Jig	Horn pipe	
Under 7	250	251	252	253	
Under 9	254	255	256	257	
Under 11	258	259	260	261	
11&Over	262	263	264	265	

**PRIZEWINNER GRADE**

A competitor who has won 1st in Novice. Metronome speeds of 113 for Reel & Slip Jig; 115 for Light Jig; 92 or 73 for Hard Jig & 138 or 113 for Hornpipe are required. 2 Steps, 2 at a time. \$8/dance.

GIRLS 2 Steps	Reel	L. Jig	SJ	H.J	HP
Under 6	300	301	302	303	304
Under 7	305	306	307	308	309
Under 8	310	311	312	313	314
Under 9	315	316	317	318	319
Under 10	320	321	322	323	324
Under 11	325	326	327	328	329
Under 12	330	331	332	333	334
Under 13	335	336	337	338	339
Under 14	340	341	342	343	344
14&Over	345	346	347	348	349
BOYS 2 Steps	Reel	L. Jig	H.J	HP	
Under 7	350	351	352	353	
Under 9	354	355	356	357	
Under 11	358	359	360	361	
11&Over	362	363	364	365	

**ADULT**

Metronome speeds of 92 for Hard Jig & 138 for Hornpipe are required for Adult competitions

SOLOS 2 Steps	Comp #s
Reel	900
Light Jig	901
Slip Jig	902
Treble Jig	903
Hornpipe	904
Trad'l Set	905

**IRISH SODE BREAD**

Entry must be received by 11am and will become the property of the Feis. Bread must be whole (not sliced) wrapped in plastic, labeled with name and school or phone number. The admission Fee covers the entry fee.

Soda Bread	950
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**TRADITIONAL SET**

**All Competitors**

**Traditional Sets:**  
St. Patrick's Day (92), Garden of Daisies (138), Blackbird (140), King of the Fairies (124), and Job of Journeywork (138), Jockey To The Fair (92)

GIRLS & BOYS	Traditional Set
Under 12	880
Under 16	881
16 & Over	882

**PRELIMINARY CHAMPIONSHIPS**

See Rule #15 for Preliminary Championships Grade Requirements

All Age Groups Under 13 Will Dance 3 At a Time - Hard Shoe First No Changes to step combinations will be accepted w/o \$10 change fee. Choice of Reel (48 bars) or SJ (40 bars) & Jig (48 Bars) or Hornpipe (40 bars). Fee: \$28.

GIRLS/BOYS	R/J	R/HP	SJ/J	SJ/HP
Under 8	400A	400B	400C	400D
Under 9	401A	401B	401C	401D
Under 10	402A	402B	402C	402D
Under 11	403A	403B	403C	403D
Under 12	404A	404B	404C	404D
Under 13	405A	405B	405C	405D
Under 14	406A	406B	406C	406D
Under 15	407A	407B	407C	407D
Under 16	408A	408B	408C	408D
16 & Over	409A	409B	409C	409D

**OPEN CHAMPIONSHIPS**

All Age Groups Under 13 Will Dance 3 At a Time -3 rounds—Soft Shoe First - Solo Awards Included . No Changes to step combinations will be accepted w/o \$10 change fee.

**Under 9 Dancers must Dance a Traditional Set. \$33 Fee**

GIRLS	R/J	R/HP	SJ/J	SJ/HP	BOYS	R/J	R/HP
Under 9	500A	500B	500C	500D	Under 9	510A	510B
Under 10	501A	501B	501C	501D	Under 10	511A	511B
Under 11	502A	502B	502C	502D	Under 12	512A	512B
Under 12	503A	503B	503C	503D	Under 14	513A	513B
Under 13	504A	504B	504C	504D	Under 16	514A	514B
Under 14	505A	505B	505C	505D	Under 18	515A	515B
Under 15	506A	506B	506C	506D	18&Over	516A	516B
Under 16	507A	507B	507C	507D			
Under 18	508A	508B	508C	508D			
18 & Over	509A	509B	509C	509D			

Final Stage Schedule & Start Times will be posted at [www.lynnacademy.com](http://www.lynnacademy.com) by 5/22/09

**DANCING ENTRY INFORMATION**

Dancing Competition Category	Entry Fees (Marks Included) <b>NO REFUNDS</b>	Feis Web Information (must answer ALL information)
All Solo Competitions (including adult grade, special, & traditional )	\$8.00 per dance	Name of Competitor
Preliminary Championship	\$28.00	Age of Competitor (as of 1.1.09)
Open Championship (3 Rounds)	\$33.00	Date of Birth
Family Maximum Fee (Does Not Include Family Admission Fee or Late Fees)	\$85.00	Full Address
Family Admission Fee	\$15.00 per family	Telephone
Late Fee (per family)	\$10.00	Dancing School
Change of Entry Fee	\$10.00	Competition Numbers
Returned Check Fee	\$30.00	E-mail Address
Make Checks Payable To (cashd check is receipt of payment)	LYNN Academy Feis PTA	Name of Set Piece (Champs Only)
Competition Number	E-mailed from Feis Web	Parent or Guardian Signature
		Total Fee Amount

**MAIL PAYMENTS TO:**  
LYNN Academy Feis  
38 Mendham Road  
Gladstone, NJ 07934

Please Register on-line @ [www.Feisweb.com](http://www.Feisweb.com)

Final Stage Schedule & Start Times will be posted at [www.lynnacademy.com](http://www.lynnacademy.com) by 5/22/09

\*\*By submitting an entry form via feisweb, Parent or Legal Guardian agrees to abide by Rules \*Absolutely NO dance changes will be accepted day of Feis—NO EXCEPTIONS  
The LYNN Academy, The LYNN Academy Parents' Association and the Stamford High School will not be held responsible for any personal injury, property loss or damage. Destruction of Feis property will be punishable by law. Parents are responsible for damages done by their children

**ENTRIES CLOSE ON MAY 15, 2009.** Any entry received after 5/15/09, or once our cap has been met, will not be accepted Marks included with entries. Once we meet our entry cap, we will close our Feis. Please check website [www.lynnacademy.com](http://www.lynnacademy.com) for cut-off notification. **Admission Fee MUST be included or your payment will get sent back.**

**E-mail inquiries: [lynnfeis@yahoo.com](mailto:lynnfeis@yahoo.com) \* Make Checks Payable to: LYNN Academy Feis PTA**